



## CPR: Basic Life Support (BLS)

This is Basic Life Support (BLS) certification course using guidelines set through the **Health Safety Institute (HSI) for First Responders**. The purpose of the training is to help participants acquire or enhance their knowledge and proficiency in high-quality CPR skills and teamwork, applicable to life saving measures to all ages.

**Objectives:** Elements of high-quality CPR for the adult, child and infant. Demonstrate how to provide effective chest compressions along with rescue breathing with the bag-mask device. Identifying steps in proper use of the AED. Use team roles to effectively provide life saving measures and provide treatment for choking infant, child and adult. This class is unique in the course will provide tips for those pursuing their CPR instructor certificate to include how to set up, how to prepare manikins, how to navigate the instructor guide, and how to navigate the videos.

Your Course Is Now  
Ready  
Register **HERE**

- Students must achieve a minimum score of 74% on the written end of course written examination and pass performance evaluation for the adult and infant.
- There is a mandatory 100% attendance policy.
- **Class is for Law Enforcement Officers only.**
- Casual clothes, BDU's or other casual attire is needed for hands on demonstrations, please dress accordingly

### GENERAL INFORMATION

**April 22, 2025**

Time: 9:00 a.m. – 4:00 p.m.

Fees: \$ **150.00**

Registration: (727) 341-4611

Facilitator: Paul Roach

Agency/Self-Registration

<http://spcollege.augusoft.net>

[Registration & Hotel information](#)

***\*Cancellations must be received 14 calendar days before start of class to avoid charge.***

Casual clothing is recommended. Shorts, tank tops and/or offensive T-shirts are unacceptable attire. Law enforcement personnel not in uniform that are carrying exposed firearms must prominently display agency ID and/or badge at all times while on college property.

**Training Calendar** <http://pstc.spcollege.edu/>

## Lead Instructor

Retired Officer Janie Staples brings over 25 years of experience in law enforcement to her current role as an educator at St. Petersburg College. During her career at the St. Petersburg Police Department, she has honed her expertise in CPR/First Aid, firearms training, DUI investigations, youth education, school resource officer programs, and patrol operations. Since 2001, Officer Staples has shared her knowledge and skills with students at St. Petersburg College, serving as a certified CPR instructor, First Aid Instructor, and Firearms Instructor.