



In Harm's Way: Psychological Survival for Law Enforcement

This four-hour presentation focuses on the psychological survival for law enforcement officers. It is important for agencies to recognize the fact that the extreme stressors their officers and first responders face on a daily basis eventually take a toll. Every law enforcement officer, first responder, trainer, supervisor, and executive needs to know about the signs of suicide and what steps can be taken to prevent it. The stigma of asking for help must be stripped away and the need for open and frank discussion should be encouraged.

Training topics include:

- Awareness of law enforcement suicide
- Common myths and facts about suicide
- Building a case for wellness in public safety
- Post-traumatic stress disorder (PTSD) and depression
- Recognition of warning signs of suicidal behavior

Date: October 8, 2019

Time: 8am-Noon or 1pm -5pm

To Register:

Training Location:

**St. Petersburg College's Allstate Center
3200 – 34th Street, South
Room 103
St. Petersburg, Florida**

Instructor:

Mary van Haute, M.S., Ed.S. is a suicide prevention educator/trainer and has 30 years' experience in adult education. Her avocation includes years of service to law enforcement related organizations including the coordination of National Police Week ceremonies in Green Bay, WI, where she spearheaded a campaign to build a local tribute to law enforcement. She and her husband Allen, a retired Green Bay police commander, volunteered for both COPS (Concerns of Police Survivors) and the National Law Enforcement Memorial in Washington, DC. Mary is a master trainer for the QPR Institute in Spokane, WA, specializing in suicide prevention training for law enforcement.

Course information questions?
Heisler.laura@spscollege.edu or
call 727-341-4437